

# GDH Pre event health questionnaire

Athlete name		Date	
Event name			

To keep our members safe, we require athletes before they take part in a club activity to confirm they and members of their family are without symptoms of Covid-19.

This form should be completed as near as possible to the event date and any changes should be communicated to the Covid Officer or coach pre event

## State of athlete and household health

1.	Are you currently fit and well enough to take part in the activity	Yes / No
2.	Are you suffering from the most important symptoms of Covid-19 <ul style="list-style-type: none"><li>• a new continuous cough</li><li>• a high temperature</li><li>• a loss of, or change in, your normal sense of taste or smell (anosmia)</li></ul> <p>For most people, COVID-19 will be a mild illness. However, if you have any of the symptoms above you must stay at home and arrange to have a test to see if you have COVID-19</p>	Yes / No
3.	If you live in a share household, are all of the individual members of your household healthy and free-from coronavirus symptoms?	Yes / No / NA
4.	Have you or your family members shown any of these symptoms in the last 14 days?	Yes / No / NA

If you answer yes to any of questions 2, 3 or 4 please do not attend the club event and follow Government guidance for self-isolation and testing

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>